



# Newsletter

1st August, 2019 Term 3 Week 2

## 2019 Dates to

### Remember

### Term 3

#### Week 2

#### **Friday 2nd August**

Whole School Assembly

SRC Presentations

2.00pm

#### Week 3

#### **Tuesday 6th August**

Cumberland Zone

Athletics Carnival

#### **Thursday 8th August**

Feast St Mary Mackillop

Year 5 & 6 to Mass at

12.30pm

#### **Friday 9th August**

Infants Assembly—

Year 1 at 2.15pm

#### Week 4

#### **Wednesday 14th August**

Year 5 PD Night—

6.30pm School Hall

#### **Thursday 15th August**

Feast of the Assumption:

Whole School to attend

Mass at 12.30pm

#### **Friday 16th August**

Primary Assembly—

Year 5 at 2.15pm

Dear Parents

Today the children and their families gathered at St Patrick's Cathedral to celebrate the Eucharist in honour of all grandparents. At mass, Father Chris acknowledged all the grandparents who had come to be with the children for the morning and led us in a special blessing. It was such a wonderful gathering of generations young and old. There were even some great grandparents! As usual Mrs Rodricks prepared the choir with her usual high standard and I particularly acknowledge the Thanksgiving hymn. This reflected the many cultures represented in our school community through endearments used to name our much loved grandparents such as: Tayta, Nanna, Gran, Nonna, Lola, Nan, Mama, Tatik, Oma, Yaya, Babulia and Humisan.

Many of the grandparents were accompanied by the children's parents and together we really enjoyed the lovely morning tea prepared by the parents of our Year 3 classes, capably led and co-ordinated by Mrs Matta who volunteered herself at short notice. A very special thank you is extended to all the parents and to anyone who assisted them in making this occasion so welcoming. Many visitors commented on how overwhelmed they were by the superb morning tea held in their honour.

I would also like to thank all the parents, grandparents and great grandparents who were able to join us for Grandparent's Day. Thank you for the patience you showed the little ones, by listening to their stories and joining them in their enthusiasm to show you their work. Thank you also for giving up your time and showing an interest in coming to the school, not only for your grandchildren, but for your adult children. I know that they too were very proud that you were there. For those who were unable to make it I would like to assure you that you were also in our prayers. Please find the children's thoughts on their grandparents, which were shared during Mass, elsewhere in the newsletter. A special thank you is extended to our Religious Education Coordinator Mrs Leanda Standing and the Grandparent's Day Committee for preparing this beautiful celebration. We look forward to seeing you all again next year.

Mrs Benkovich

Acting Principal

### Whole School Assembly

Tomorrow 2nd August we will be having a whole school assembly where our Semester 2 SRC's and Colour House Captains will be presented with their badges. We will also be acknowledging Semester 1 SRC's and Colour House Captains. **The assembly will commence at the earlier time of 2pm in our school hall.** All are welcome to attend.

#### St Patrick's Current Attendance Level = 84.2%

|                  |                  |                  |           |
|------------------|------------------|------------------|-----------|
| <b>K = 88.7%</b> | <b>2 = 86.7%</b> | <b>4 = 85.5%</b> | 6 = 90.0% |
| <b>1 = 70.2%</b> | <b>3 = 79.2%</b> | <b>5 = 87.7%</b> |           |

## 2019 Census Day

Dear Parents & Carers,

Tomorrow, Friday 2nd August (Week 2) is the annual Census Day. This forms a very important part of our funding and audit procedures. All children are required to be in attendance at school or a written explanation is to be received. Can we please ask all parents to send either a skoolbag app or an email to the school explaining your child's absence on the 2nd August, 2019 should it be necessary. It would be much appreciated if this could be done as early as possible on the day.

### **Stage 2 Soccer Gala Day - Presentation**

All Year 3 and Year 4 boys who attended the Gala Day this week will have a presentation at tomorrow morning's Friday Assembly. Parents are welcome to attend. A report on the Gala day will be included in next week's newsletter.

### **FOR YOUR DIARY: STAFF DEVELOPMENT DAY - 6th September.**

The next Staff Development Day will take place on **Friday 6th September**. The staff will be working with Mr Scott Carrol (Teacher Educator in Religious Education) and exploring the new Religious Education Framework by preparing learning cycles for the students in their class. It is a great opportunity for the staff to build on the work we have been participating in throughout this year as part of the curriculum development team.

### **CUMBERLAND ZONE ATHLETICS CARNIVAL**

Congratulations to the following children who will be representing the school at the Cumberland Zone Athletics Carnival on Tuesday 6th August.

|                    |
|--------------------|
| Jacob Sayegh       |
| Lorenzo De Guzman  |
| Zachery Khattar    |
| Camran Nasrula     |
| Michael Ayoub      |
| Ethan Firmeza      |
| Charlie Romanos    |
| Liam Jocson        |
| Elie Wehbe         |
| Alexander Markovic |
| Baxter Gittany     |
| Jubran Sayegh      |
| Emmanuel Missak    |
| Jacob Semaan       |
| Joanthony Tannous  |
| Gabriel Kalouche   |

|                         |
|-------------------------|
| Nyagua Koima            |
| Scarlet Khoury          |
| Christa- Nicole Ghadmar |
| Georgia Wright          |
| Feima Koima             |
| Christiana Kalouche     |
| Christina Elzahoul      |
| Amyllia Maneze          |
| Elisa Daher             |
| Sienna Khattar          |
| Maria Khoury            |
| Sophia Semaan           |
| Madeline Talbot         |
| Alisha Katafono         |

We wish them all the very best as they work towards attaining their personal best and hopefully process to the Diocesan Level.

## SCHOOL WELL-BEING COUNSELLING SERVICE

The wellbeing of children and young people in Catholic Education Diocese of Parramatta schools is of paramount importance. A sense of well-being and connectedness in schools promotes optimal development of the person and contributes to academic success.

Our school's wellbeing counsellor is Mrs Trudy Ricketts, a Psychologist who is based at St Patrick's Primary 3 days per fortnight. Mrs Ricketts works with students, families and staff to assist in the emotional and psychological wellbeing of students, and is part of the whole-school pastoral care and wellbeing approach at our school.

Counselling services may include:

- Individual and family counselling
- Liaison with community agencies and other professionals
- Consultancy in relation to mental health issues
- Consultancy regarding Risk of Significant Harm concerns
- Group based interventions to promote social skills, resilience and support anxiety
- Teacher and parent education
- Response to critical incidents
- Assessment of behavioural, social and emotional wellbeing

Access to counselling services can be made by contacting your child's classroom teacher or Ms Fabri, who will then put forward a referral. Mrs Ricketts will then contact you for further information.

## **NUMERACY TIPS TO HELP YOUR CHILD EVERY DAY K to Yr 2**

### **2. COUNTING:**

Counting is one of the first experiences of maths for young children. Learning to say numbers often begins with a favourite song or rhyme and the repetition of the number names. Children will often say the numbers before they visually recognise and identify individual numbers.

Here are some activities and tips to engage your child with counting:

» Listen for the counting sequence in these songs and rhymes, which can all be found on [www.youtube.com](http://www.youtube.com):

- Five Little Ducks
- Ten in the Bed
- 1, 2, 3, 4, 5, Once I Caught a Fish Alive
- Ten Green Bottles
- Five Little Monkeys
- 1, 2, Buckle My Shoe

» Children will begin by counting all objects in a group, for example fingers and toes, the buttons on their clothes, steps to the house, or their toys.

» As children move on to counting a set of objects, they begin to link each object with one number. In the beginning, encourage your child to touch each object as they say the matching number.

» When beginning to count a group of objects, children may need to arrange the objects in a line to help them count. Lines of 5 will help students see that two lines make 10. This helps when matching quantity and using our Base 10 number system.

» Once your child is confident, use different numbers as the starting point for practising counting. For example, start counting from 6 or 10. Ask your child to count forwards and backwards. Ask what number is 1 more, or what number is 1 less than a given number.

## Me and My Grandma

My name is Alexa and I'm almost 10 years old. I was born in Russia and moved to Australia when I was 7 months old, with my mum and dad. We moved here without any other members of our family. I have 3 aunts, 7 cousins, 2 grandmas and 1 grandpa. Since then I have always lived here and they have always lived there.

I have a special relationship with my grandma or better to say "babushka" in Russian. She has visited us twice and I remember how she tucked me into bed and played my imaginative games as I have a very good imagination. I taught her how to play Panda pop which turned into our favourite game that we played every night. We always laughed when we failed and my grandma always cheered me up when I couldn't level up. We talk on the phone everyday through Viber which allows me to see her and her to see me. We even have a special code that pretends we're hugging each other.

It's really hard on grandparents day when you don't have any grandparents that can come but I still know she is with me because she is always in my heart.

Alexandriya 4B



## My Grandparents

Today I wanted to share with you what it's like being a grandchild. When I think about my grandparents – I think about how lucky I am to have all 4 of my grandparents still with me. My grandparents are like my second parents except they let me do everything that my parents don't !! But that's what is so great about being a grandchild, we always get super spoilt !!

For example we get extra special treats when Mum and Dad aren't around like Nutella pancakes for breakfast, staying up late when we have sleepovers and all the fun times we have with our cousins on school holidays. Not to mention the secret lolly bags they sneak in the car when we leave to go home.

I love spending time with them doing things we both enjoy such as cooking, playing board games, gardening, shopping, feeding the pets or helping with other chores around the house. I think they secretly like having an extra helper.

I also love that my grandparents make an effort to be there for all my special occasions such as birthdays, my communion, events at school and when I'm performing in choir and piano concerts. My grandparents love me and care for me more than I could ever ask for. They are always there for me in good times and make me feel better when I am sick or sad. They teach me so many important things like respect and compassion and I am pretty sure I have taught them some new things too.

Some of our best memories are as simple as getting together to share a meal. They always seem to know exactly what our favourite foods are.

My cousins and I are so lucky to have them in our lives and we will always treasure these special memories. I love them so much and I think being a grandchild is pretty special—even if we do keep secrets from Mum and Dad sometimes! I hope all the grandparents here today enjoy their special day.

Abbey Matta 3T

In a recent survey, conducted in 4G, the following information about grandparents was discovered:

1. Many people believe that their grandma is the best cook in the world.
2. Many also believe that grandpa could be a stand up comedian because he tells the best jokes.
3. Commonly most felt that it was wonderful how they wanted to talk with them and listen to them.

#### I GET TO READ OUT SOME QUOTABLE QUOTES

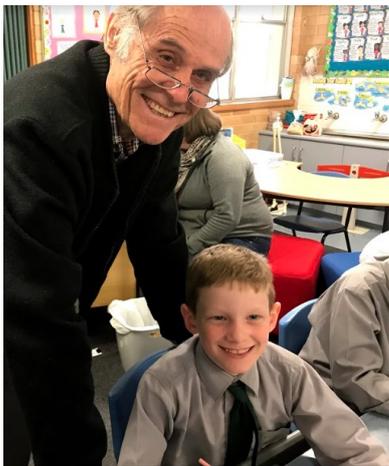
1. Nono and Nonna, you light up my world.
2. My grandpa is a happy man.
3. My grandpa is 72 years old and every day he is either painting his front yard, his back yard or his house.
4. One of my grandmas makes the best cheese pies and she won't stop feeding me!
5. My grandpa gives us chocolates when he thinks my mum isn't looking.
6. My grandparents mean the world to me.

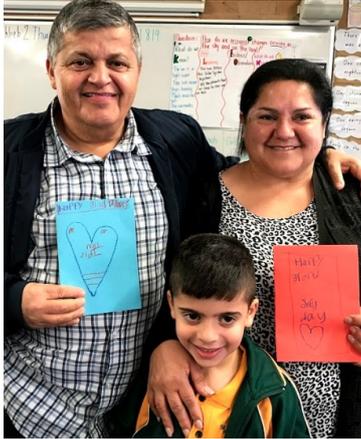
#### A LITANY OF REASONS

1. We love our grandparents because they are funny caring and we can trust them. They inspire us.
2. We love our grandparents because they are smart, invite us over and treat us as being special all the time.
3. We love our grandparents because they get us out of trouble at home and take our side in almost everything. They give us chocolate.
4. We love our grandparents because they let us do anything. Anything we can't do at home we can do at our grandparents house.
5. We love our grandparents because they give us amazing birthday and Christmas presents.
6. We love our grandparents because they have great sleep overs, take us places, pray for us and give us BIG WARM











Slow down  
to 40km/h when  
bus lights flash



**Happy Birthday to the following children who will celebrate their birthday in the coming week:**  
Daniel Saleh, Anthony El-Sabbagh, Joshua Ty, Quintus Feng, Anthony Nakhoul, Evelyn Gereige

**ST PATRICK'S  
GIFT SHOP**  
Murphy House, 1 Marist Place, Parramatta.

*Wide range of religious gifts and cards to celebrate any special occasion.  
Open 10am to 4pm on opening day  
Drop in and have a look*

## SACRAMENTS OF CONFIRMATION

Sacraments of Initiation program continues with the preparation of our students for the Sacrament of Confirmation. The dates for session times are below. If you are interested in your child preparing for this Sacrament and have yet to register your interest, please contact Margaret Gale through the St Patrick's Parish Office. The Parish Office is open from 9.00am to 4.30 daily.

Confirmation 2019

|                           |   |                    |
|---------------------------|---|--------------------|
| Confirmation 3            | 4:30pm Saturday 10 August                         | Parents & children |
| Confirmation 4            | 4:30pm Saturday 17 August                         | Parent & children  |
| Practice for Confirmation | 4:00pm Saturday 24 August followed by 6:00pm Mass | Parents & children |
| Order of Confirmation     | 7:00pm Friday 30 August                           |                    |



## 1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

*Learn to manage difficult behavior in children  
2-12 years old*

A three-session program for parents and carers.  
Venue: St Monica's Catholic Primary School, North Parramatta  
10 Daking St, North Parramatta. Tel: 8832 4100

#### Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

#### Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook

#### Registration Fee?

The course costs \$10 (per parent or per couple) which covers the cost of the Parent workbook  
Register for this course contacting **St Monica's School Office** on **8832 4100**

#### What people are saying...

*What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!*

*I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control*

- An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. [www.parentshop.com.au](http://www.parentshop.com.au)



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The Catholic Education Office Diocese of Parramatta together with St Monica's Catholic Primary at North Parramatta, are pleased to offer parents and carers in our Diocese, the 1 2 3 Magic and Emotion Coaching course.

The course is 3 sessions and will be run on the following dates:

|           |           |  |
|-----------|-----------|--|
| Session 1 | 6pm – 8pm | Wednesday 14 <sup>th</sup> August 2019 |
| Session 2 | 6pm – 8pm | Wednesday 21 <sup>st</sup> August 2019 |
| Session 3 | 6pm – 8pm | Wednesday 28 <sup>th</sup> August 2019 |

Course Facilitators: Madeline Patrick & Anoushka Houseman

Cost is \$10 per parent/couple/carer(s) to cover the cost of the parent workbook (only one required per family). This can be brought on the night

Register by calling St Monica's school office on 8832 4100

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This course is being run by a Parentshop® licensed practitioner. [www.parentshop.com.au](http://www.parentshop.com.au)

Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.



*sub tuum  
praesidium*

Our **MISSION** is to –

Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all Experience belonging.

**Opportunity for all**

### MASS TIMETABLE FOR ST PATRICK'S CATHEDRAL PARRAMATTA

#### Weekend Masses

|          |   |
|----------|---|
| Saturday | 8.00am, 6.00pm (Vigil)                              |
| Sunday   | 8.00am, 9.30am (Family)<br>11.00am (Solemn), 6.00pm |

#### Weekday Masses

|            |                 |
|------------|-----------------|
| Mon to Fri | 6.30am, 12.30pm |
| Public Hol | 8.00am          |

#### Pastoral Team

**Bishop of Parramatta Most Rev.**

**Vincent Long Van Nguyen OFM CONV**

Very Rev Fr Robert Bossini

Fr Christopher Del Rosario      Rev Deacon Willy Limjap

Meg Gale ( Sacramental Coord)

Milli Lee (Parish Admin Asst)      Mindy Mercado (Youth Co-ord)

Patricia Preca (Parish Secretary) Donna Missio (Receptionist)