

# Newsletter

29th April, 2021 Term 2 Week 2

Dear Parents and Caregivers

Last term I had the opportunity to visit Year 4 to talk a little about one of my passions in education, which is learning about how people learn and the mindsets that encourage successful learning. A topic of great interest to me is the research undertaken by Dr Carol Dweck who is the Professor of Psychology at Stanford University and is the author of the book *Mindset: The New Psychology of Success*. Some of you may have had discussion with me around this topic. In this book Dr Dweck talks about how learners generally fall into one of two categories within a given time; a fixed mindset or a growth mindset. For most of us we oscillate between the two.

A **Fixed Mindset** learner believes that Intelligence is fixed and cannot improve. This leads to a desire to look smart and any cost. Fixed mindset learners are often characterized by a tendency to avoid challenges for fear of failing, give up easily, believe that effort is fruitless, usually ignores useful feedback and feels threatened by the success of others. They will often plateau early and achieve less than their full potential.

A **Growth Mindset** learner believes that intelligence can be developed. These types of learners demonstrate a desire to learn and are characterized by embracing challenges, persist in the face of setbacks, see effort as the path to mastery, learn from criticism and find lessons and inspiration in the success of others. As a result Growth mindset learners reach even higher levels of achievement.

Children often ask me, 'Can you change a fixed mindset to a growth mindset?' and the answer to this is that a learner can if they follow the steps below. One of the strategies outlined by Dr Dweck in influencing mindset is to teach children about the brain, how they learn and about the impact of this mindset on their learning. Even children as young as Year 2 can learn all about the workings of the brain.

There are 4 steps in changing one's mindset from Fixed to Growth and they are relatively simple.

Step 1: Learn to hear your fixed mindset voice.                      Step 2: Recognize that you have a choice.

Step 3: Talk back to it with a growth mindset voice.              Step 4: Take the growth mindset action.

	Fixed Mindset	Growth Mindset
<b>Approaching Challenges</b>	Are you sure you can do it? What if you fail? If you don't try, you won't embarrass yourself	Most successful people had failures along the way If I don't try, I automatically fail.
<b>Encountering Setbacks</b>	This would have been easy if you had talent. I told you it was a risk -now you've shown everyone you can't do it	That's so wrong! Many people who have succeeded took risks and followed their passions, and had setbacks, but they learned from them.
<b>Receiving Criticism</b>	It's not my fault. It's someone else's fault. Who do they think they are criticizing me?	If I don't take responsibility, I can't fix it. They are trying to help me. I need to use their feedback.

These messages are not only for children but adults also. I encourage you to give it a try! It will be worth it!

God Bless you and your families

Bernadette Fabri

## Term Dates

Term 2 - Monday 19th April - Friday 25th June      Term 3 - Monday 12th July - 17th September

Term 4 - Tuesday 5th Oct - Friday 17th Dec

\*\* Please note: Every year the NSW Government allocates 6 days to each school to be used for Staff Professional Development. These can be used for the gathering of essential data on students

STAFF DEVELOPMENT DAY - Children do not attend school on these days.

**Term 2 - 11th June, 2021**

**Term 3 - 17th September, 2021**

**Term 4 - 16th & 17th December, 2021**

Please see below our **Grade Mass** timetable for the term. Parents and visitors are welcome to join the students in mass at **12:30** at St. Patrick's Cathedral, Parramatta total numbers permitting. This is set by the Cathedral.



Grade	Day/Date		Grade	Day/Date
Year 6	Friday 30.4.21		Year 2	Tuesday 1.6.21
Year 5	Friday 14.5.21		Year 6 and Kindy	Thursday 10.6.21
Year 4	Friday 21.5.21		Year 5 and Year 1	Thursday 17.6.21
Year 3	Monday 24.5.21		Year 4	Thursday 24.6.21

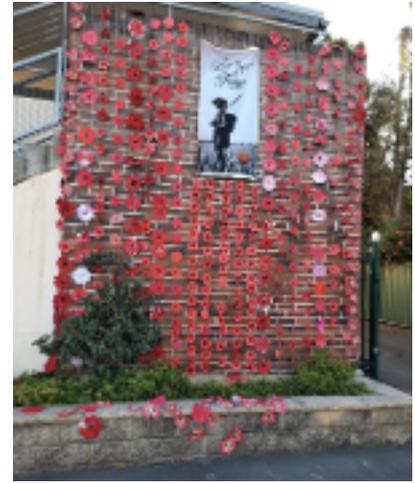
### **TERM 2 2021 SCHOOL INVOICES**

Term 1 2021 Statements have now been mailed to all families. Due date for payment of Term 1 fees is on or before **Wednesday 26th May 2021**.

If you have not received your invoice, please email [pats-parrfees@parra.catholic.edu.au](mailto:pats-parrfees@parra.catholic.edu.au) to request a copy be emailed to you.

## ANZAC DAY

Last week the children helped to prepare a very meaningful display for reflection in preparation for ANZAC Day. It was very pleasing to notice the children gathered at the base of the waterfall of poppies, looking at the special flag and artwork. I wonder what they were thinking? On Tuesday the school gathered in prayer to continue remembering this special day.



You may be interested to read some information about the poppy from [The ANZAC Day Commemorative Committee website](#)

November is poppy month, the time of the year when by the wearing of a simple emblem, a red poppy, we salute the memory of those who sacrificed their health, their strength, even their lives, that we might live in a free country.

Long known as the corn poppy (*Papaver rhoeas*) because it flourishes as a weed in grain fields, the Flanders poppy as it is now usually called, grew profusely in the trenches and craters of the war zone. Artillery shells and shrapnel stirred up the earth and exposed the seeds to the light they needed to germinate.

**This same poppy also flowers in Turkey in early spring - as it did in April 1915 when the ANZACs landed at Gallipoli. According to Australia's official war historian C.E.W.Bean, a valley south of ANZAC beach got its name Poppy Valley "from the field of brilliant red poppies near its mouth".**

In 1921, a group of widows of French ex-servicemen called on Earl Haig, the British Commander-in-Chief, at the British Legion Headquarters. They brought with them from France some poppies they had made, and suggested that they might be sold as a means of raising money to aid the distressed among those who were incapacitated as a result of the war. The first red poppies to come to Australia, in 1921, were made in France.

In Australia, single poppies are not usually worn on ANZAC Day - the poppy belongs to Remembrance Day, 11 November. However, wreaths of poppies are traditionally placed at memorials and honour boards on ANZAC Day.

The red Flanders' poppy was first described as a flower of remembrance by Colonel John McCrae, who was Professor of Medicine at McGill University of Canada before World War One. Colonel McCrae had served as a gunner in the Boer War, but went to France in World War One as a medical Officer with the first Canadian Contingent.

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### Sporting News Update ..

Congratulations to Alexander Markovic for his recent selection into the NSW PSSA Boys Football (Soccer) Championship team. This state level team will be playing in a tournament in Griffith in July.



**Happy Birthday to all the children who will celebrate their birthday next week:** Adam Jurisic, Ava Lao, Johnnie Daher, Andrew Khalil, Alyssa Vella, Isabella Rizk, Juana Boby



# NAPLAN

This year students in Year 3, 5 7 and 9 will participate in NAPLAN online. The following pdf outlines important information regarding NAPLAN. More information can be found at the NAPLAN Parent support page - [Parent Support Page](#)

During Week 4(11-21 May), Year 3 and 5 will participate in NAPLAN online. Below is the scheduled timetable for the students.

	Week 1				
		Day 1	Day 2	Day 3	Day 4
	Monday	Tuesday	Wednesday	Thursday	Friday
	10/5	11/5	12/5	13/5	14/5
<b>Morning Block 9:15am Year 5</b>	No Testing Scheduled today	Writing (online - 42 mins)	Reading (online - 50 mins)	Language Conventions (online - 45 mins)	Numeracy (online - 50 mins)
<b>Morning Block 10:00am Year 3</b>	No Testing Scheduled today	Writing (paper - 40 mins)	Reading (online - 45 mins)	Language Conventions (online - 45 mins)	Numeracy (online - 45 mins)
	Week 2				
	Day 5	Day 6	Day 7	Day 8	Day 9
	Monday	Tuesday	Wednesday	Thursday	Friday
	17/5	18/5	19/5	20/5	21/5
	Catch up Sessions as needed				
	Catch up Sessions as needed				

## Understanding School Talk ???

ES1- Early Stage 1 - Kindergarten

Stage 1 - Year 1 and 2

Stage 2 - Year 3 & 4

Stage 3 - Year 5 & 6

## Mother's Day Mass

Our Mother's Day Mass will be held on the 7th May, at 9:15am. We are still currently operating under COVID safe restrictions and as a consequence there are limited places for visitors. To calculate numbers and invitations and Skoolbag Alert has been sent out on Thursday 29/4/21 to gather Expressions of Interest. These responses are due Monday 3rd May.

If there are any changes to these restrictions we will let you know asap.

Thank you for your understanding.

## Mother's Day Stall

Our Mother's Day stall this year will be on Monday 3rd May. The children will be able to purchase a gift for their Mum or special person in their life. The gifts range from \$2 to \$7. We ask that children do not bring substantial amounts of money as they will only be able to purchase 1 or 2 gifts, smaller denominations of cash would be greatly appreciated as we are very limited on change.

eSafetyparents



eSafetyCommissioner

### NOTES FROM THE E-SAFETY COMMISSIONER.

<https://www.esafety.gov.au/parents>

#### Talk to your child about the connected world

While your child may not understand the internet or data sharing, starting the conversation early helps to build their understanding of how people and technologies connect (or 'talk') to one another online. This means they could be contacted by strangers or people who pose a risk. Identify who 'safe people' are, like family and close friends. Babies can begin to grow their understanding of the connected world through video calls with grandparents or other family members. For toddlers and preschoolers, using airplane mode on Apple and Android devices is a great way to teach them about what is 'online' and what is 'offline'.

### Sports Days for Term 2

Children will be required to wear their sports on the following days for Term 3:-

Wednesday - KM, 1C, 2M & Year 5

Thursday - 1S, Year 3 & Year 4

Friday - KA, 2Y & Year 6



# In the Spotlight

**William Gebrael 1S**

**What is your favourite subject?**

My favourite subjects are english and writing because they are really fun and I love creating stories.

**What would you do with One Million dollars?**

If I had One million dollars, I would buy an Xbox, a computer, a phone, a car, and seventeen blankets to keep me warm.

**If you were to find a deserted island what would you name it?**

If I found an island, I would name it 'Super Mario Island', because I really like playing the video game.

**If you could travel anywhere in the world where would you travel?**

I want to travel to Tokyo because it's a long plane trip so I can sleep for a long time and I can go to Disneyland to go on all the rides.

**If you were to become famous, what would you become famous for?**

I would become famous for having really nice and cool clothes.

**Jessica Izmestyeva 1S**

**What is your biggest fear?**

My biggest fear is dogs because they can hurt me with their big teeth and sharp claws.

**What is your favourite movie/series?**

My favourite series is Miraculous Ladybug because it's really fun to watch and it's about superheroes.

**What is your favourite book?**

My favourite book is 'Do Not Open This Book!', because it is really funny and I love it.

**What do you want to be when you grow up?**

When I grow up, I want to be a teacher so I can teach nice kids at school and have fun being a role model.

**What is your favorite superpower?**

If I were to have a superpower, I would want to be able to walk on soft, fluffy clouds; because it would be fun to see the whole world beneath me.

**Vittorio Lo Surdo 1C**

**What is your favourite movie**

My favourite movie is Avengers because I really like Iron Man and he can shoot lasers and fly.

**What is your biggest fear**

My biggest fear is Eels because they can hurt me they are scary and electric

**If you were an animal what would you be.**

I would be a tiger because in the long grass they can camouflage they hunt down prey and they are my favourite animal.

**What is your favourite subject**

My favourite subject is math because I love times tables and I know my times tables

**What is your favourite dish**

My favourite food is ham and cheese pizza because it's cooked for a very long time and I liked it.

**Emily Salloum 1C**

**What is your favourite movie ?**

My favourite movie is Tom and Jerry because it is funny.

**What is your biggest fear?**

My biggest fear is snakes because they are dangerous and they might hurt me.

**If you were an animal what would you be?**

I would be a panda because they're soft and cute and they are my favourite animal.

**What is your favourite subject?**

I like math because it's fun and is my favourite subject

**What is your favourite dish?**

I like pasta because it's my favourite food and it's good and yummy



# Honour Award

The Honour Award is awarded to the child who demonstrates outstanding behaviour shown in the Student Charter

KA	Louie Dauwalder	Antoun Abboud	KM	Zoe Aguilera	Albie Soh
1C	Maroun Abraham	Jacob Assaf	1S	Jared Cauan	Julian Badr
2M	Zachary Tannous	Liam Makhoul	2Y	Isaiah Zaiter	Nina Kancijanac



## ST PATRICK'S AWARD

*The St Patrick's award is given to the child who lives their life through Faith in Action*

KA	Natalya Wakim	Maroun Mourad	KM	Adrian Jrej	Zara Ciampi
1C	Monica Gould	Emilie Blazek	1S	Michael Roumanus	Charlize Malkoun
2M	Olivia Rizk	Miami Calimpiano	2Y	Zavier Skaf	Chanel Wakim





# Honour Award

The Honour Award is awarded to the child who demonstrates outstanding behaviour shown in the Student Charter

3L	Patrick Saab	Jimmy Sahyoun	3T	Mary Gilchrist	Scarlett Jaitani
4B	Olivia Moussa	Joanthyony Tannous	4G	Victoria Nassif	Daniel Semaan
5C	Christian Jreij	Rhys Bautista	5T	Elio Layoun	Stephanie Jabbour
6P	Ellen Nikolakopoulos	Jacob Wehbe	6W	Tara Di Chio	Alexander Markovic



## ST PATRICK'S AWARD

*The St Patrick's award is given to the child who lives their life through Faith in Action*

3L	Mia Golossian	Daniel Jurisic	3T	Jayden Blazek	Elijah Vella
4B	Angelina Bounassif	Phillip Said	4G	Raymond Wehbe	Sarah Loader
5C	Ava Lao	Alicia Remaili	5T	Shavene Perera	Mia Wehbe
6P	Fidelle Youssef	Louis Wehbe	6W	Tony Thomas	Amariah Tamaro



## **Building Child Safe Communities - Volunteer Undertaking**

Dear Parents/Carers ,

**As we start to allow more parental involvement within our school community it is a timely reminder that all parents need to complete the *Building Child Safe Communities* form and online training module.**

In Catholic Education Diocese Parramatta (CEDP), we see parents and carers as partners in your child's learning journey. Parents and carers are encouraged to become involved in our schools in many important ways such as supporting classroom learning, being part of advisory groups, mentoring programs, coaching sporting teams and supporting other extra-curricular activities, canteen support and other kinds of help.

A range of checks and undertakings are required for people who work for or provide services to CEDP. These checks reduce potential risk and form part of our strategy to build child safe communities.

The purpose of this training is to inform you of the standards of behaviour and other requirements that must be adhered to when volunteering for CEDP.

The undertaking should take no more than 5 minutes to complete and the training module approximately 10 minutes. Once the form and training modules are submitted, an automated email will be sent to you within two business days to confirm the status of your submission.

The undertaking form will expire within two years or when your Working With Children Check expires (if applicable), whichever is sooner. At that time you will need to complete the undertaking form and training module again. You will receive an automatic reminder email when this occurs.

Further information on the new online form and training module can be found at [www.parra.catholic.edu.au](http://www.parra.catholic.edu.au) and clicking on *about us/building child safe communities*. Within the form you will also find help sheets and a video tutorial to assist you.

Thank you in advance for your support.

## **INFORMATION FROM TRAFFIC SURVEY From TERM 1 2021**

### **How we Travel to School survey – your feedback**

We also heard about issues with traffic around the school, with 36 people from St. Patrick's commenting on traffic and parking. Carpooling is a way that we can make more effective use of the road and kerb space at the school while reducing the overall time parents spend in traffic. You told us that the key elements to helping you carpool more are:

- Know the driver personally (189, 31%)
- Free parking (185, 30%)
- Help finding someone to carpool with (152, 25%)

We will be looking into options for helping parents connect to set up carpools to help you find others in your area to carpool with.





*"A little bit of mercy makes the world less cold  
and more just."*

*Pope Francis*

### **FEEDBACK and COMPLAINTS**

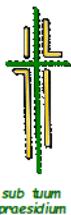
St Patrick's Parramatta staff always welcome feedback and ideas from the parent community. If you have any feedback, concerns or complaints please do not hesitate to contact your child's class teacher, Mrs Standring (behaviour) or Miss Fabri through the school office (8832 4600), school email address [stpatsricksparra@parra.catholic.edu.au](mailto:stpatsricksparra@parra.catholic.edu.au), or through Skoolbag App. The school follows the CEDP Complaints Handling Policy.

<https://www.parra.catholic.edu.au/About-Us/Policy-Central>

### **SCHOOL WELL-BEING COUNSELLING SERVICE**

The wellbeing of children and young people in Catholic Education Diocese of Parramatta schools is of paramount importance. A sense of well-being and connectedness in schools promotes optimal development of the person and contributes to academic success.

Access to counselling services can be made by contacting your child's classroom teacher or Ms Fabri, who will then put forward a referral. Mrs Ricketts will then contact you for further information. Further details can be found in previous newsletters.



Our **VISION** is to be a child centred faith community within an innovative, interactive learning environment.

Our **MISSION** is to –

Live out the Gospel Values in a visibly Catholic tradition

Nurture students for Christian Leadership

Create a range of learning experiences which allow children to progress at their own level

Assist our students to develop into independent thinkers with a deep sense of responsibility and justice

Lead each individual towards reaching his/her potential

Generate a sense of community and compassion in which all

Experience belonging.

**Opportunity for all**

### **MASS TIMETABLE FOR ST PATRICK'S CATHEDRALPARRAMATTA**

#### **Weekend Masses**

Saturday 8.00am, 6.00pm (Vigil)

Sunday 8.00am, 9.30am (Family), 11.00am (Solemn), 6.00pm, 7.15pm (Arabic)

#### **Weekday Masses**

Mon to Fri 6.30am, 12.30pm Public Hol 8.00am

#### **Pastoral Team**

#### **Dean & Administrator:**

Very Rev Fr Robert Riedling

#### **Assistant Priests:**

Rev Chris del Rosario, Rev Chadi Ibrahim SDB

#### **Parish Secretary:**

Pat Preca

#### **Sacramental Coordinator:**

Meg Gale

## Thank you for your meaningful support and impact this Lent

Dear St Patrick's Primary School community,

JRS Australia would like to thank you for your contribution to our 2021 Lenten Foodbank Appeal. In 2020, the COVID-19 pandemic brought immense hardship to all members of Australian society. For refugees, people seeking asylum, and migrants in vulnerable situations, this hardship was amplified to a significantly greater degree.

It is a testament to your generosity and spirit that after an extremely challenging year, your school community has come together in 2021 to support these communities through the Lenten Appeal.

Whilst we are a year on from the start of the pandemic, most of the people whom we serve who lost their jobs have been unable to regain employment. Throughout the last year they have also been denied access to Federal Government support, including JobKeeper and JobSeeker, leaving many many families and individuals confronting destitution. We have heard from many that the support which they receive from charities like JRS has been their only hope.

Since the onset of the pandemic, heightened food insecurity has been an overwhelming feature of the immense disadvantages which we have witnessed. Currently, the JRS food bank feeds around 1000 people a week, and in 2020, we faced an unprecedented 263% increase in demand for our services.

It is in the context of this crisis that causes like our Lenten Appeal are vitally important. With the support and generosity of school communities like yours, the suffering of these marginalised communities is being eased; thank you for answering the call and walking in solidarity with those doing it so tough.

Thank you again for your wonderful support and accompaniment. Please be assured that we at JRS, along with the refugees, people seeking asylum, and migrants in vulnerable situations with whom we work are immensely grateful for your support, which makes a tremendous difference to people's lives.

With gratitude and best wishes,



Tamara Domicelj  
Country Director  
Jesuit Refugee Service (JRS) Australia

# YOUR CHILD'S NDIS PLAN



## You are invited to a free info session on how to implement your child's NDIS Plan

Designed for parents and guardians of children 0-12 with disability or developmental delay who are looking for support with starting or using their child's existing NDIS plan more effectively.

Session topics include:

- Understanding your child's NDIS plan
- How to make changes to the plan
- Plan management
- Self-management tips
- NDIS plan reviews
- Early childhood Intervention best practice
- Finding and choosing service providers

If you would like to attend but cannot, please let us know. This will help us to plan future sessions.

### 2021 EVENTS INFORMATION :

#### WHEN:

- 17th February: 10.30am -12pm
- 23rd February: 12pm-1.30pm
- 10th March: 10.30am - 12pm
- 25th March: 12pm - 1.30pm
- 9th April: 10.30am - 12pm
- 20th April: 12pm - 1.30pm
- 5th May: 10.30am - 12pm
- 20th May: 12pm - 1.30pm
- 4th June: 10.30am - 12pm
- 15th June: 12pm - 1.30pm

WHERE: Online via Zoom

#### REGISTER:

<https://analytics-au.clickdimensions.com/cn/aosfc/ndisinfo>

CONTACT US: 02 9280 4744  
[betterstart@carersnsw.org.au](mailto:betterstart@carersnsw.org.au)

# CARING FOR A CHILD WITH DISABILITY?



## Would you like information about the supports available to your child?

Carers NSW is inviting you to a free 'Meet and Greet' workshop for parents and guardians of children with disability or developmental delay aged up to 12 years old.

These workshops provide the opportunity for you to access information about supports for you and your child from a range of local speakers, including:

- ECEI partners (0-6 age group NDIS)
- Local Area Coordinators (7+ age group NDIS)
- Disability Advocacy agency
- NSW Department of Education

You will also have the opportunity to have any NDIS questions answered and to meet other families and share experiences.

## EVENT INFORMATION (2021):

### WHERE:

Gymea - 15 April  
Liverpool - 27 April  
Ryde - 6 May  
South Coast - 11 May (Online)  
Campbelltown - 25 May  
Grafton - 8 June

### RSVP:

Registration is essential.  
To register [click here](#).  
Venue details will be provided on confirmation of registration.

A light lunch will be provided.

### ENQUIRIES:

P: 02 9280 4744  
E: [education@carersnsw.org.au](mailto:education@carersnsw.org.au)